South Carolina Department of Disabilities And Special Needs

DAY SERVICES STANDARDS

All Services

(Career Preparation, Day Activity, Employment Services, Community Services and Support Center Services)

PLEASE NOTE: This document is a compilation of service standards required by DDSN for the provision of Day Services. It includes the current versions of the following: Career Preparation, Day Activity, Employment Services, Community Services, and Support Center Services.

This document is provided as a convenience to providers who provide multiple DDSN Day Services.

Revised Effective July 1, 2011

Revised April 8, 2016

SC Department of Disabilities and Special Needs GENERAL DAY SERVICES STANDARDS

The mission of DDSN is to assist individuals with disabilities and their families through choice in meeting needs, pursuing possibilities and achieving life goals and minimize the occurrence and reduce the severity of disabilities through prevention. Consistent with DDSN's mission, the intent of all DDSN Day Services is to provide individuals with an Intellectual Disability or a Related Disability (ID/RD), Autism, Traumatic Brain Injury (TBI), Spinal Cord Injury (SCI), and Similar Disability (SD) the supports needed in order for them to meet their needs, pursue possibilities and achieve their life goals.

DEFINITIONS

<u>Career Preparation</u> is aimed at preparing participants for careers through exposure to and experience with various careers and through teaching such concepts as compliance, attendance, task completion, problem solving, safety, self determination, and self-advocacy. Services are not job-task oriented, but instead, aimed at a generalized result. Services are reflected in the participant's service plan and are directed to habilitative rather than explicit employment objectives. Services will be provided in facilities licensed by the state. DDSN Day activities that originate from a facility licensed by the state will be provided and billed as DDSN Day. On site attendance at the licensed facility is not required to receive services that originate from the facility.

Transportation will be provided from the participant's residence to the habilitation site when the service start time is before 12:00 Noon. Transportation will be available from the participant's habilitation site to their residence when the service start time is after 12:00 Noon.

Employment Services consist of intensive, on-going supports that enable participants for whom competitive employment at or above minimum wage is unlikely absent the provision of supports and who, because of their disabilities, need supports to perform in a regular work setting. Employment Services may include services to assist the participant to locate a job or develop a job on behalf of the participant. Employment services are conducted in a variety of settings, particularly work sites where individuals without disabilities are employed and include activities such as supervision and training needed to sustain paid work. Employment Services may be provided in group settings, such as mobile work crews or enclaves, or in community-based individual job placements.

<u>Community Service</u> is aimed at developing one's awareness of, interaction with and/or participation in their community through exposure to and experience in the community and through teaching such concepts as self-determination, self-advocacy, socialization and the accrual of social capital. Services will be provided in facilities licensed by the state. Community activities that originate from a facility licensed by the state will be provided and billed as Community Service. On site attendance at the licensed facility is not required to receive services that originate from the facility.

Transportation will be provided from the participant's residence to the habilitation site when the service start time is before 12:00 Noon. Transportation will be available from the participant's habilitation site to their residence when the service start time is after 12:00 Noon.

<u>Day Activity Services</u> are supports and services provided in therapeutic settings to enable participants to achieve, maintain, improve, or decelerate the loss of personal care, social or adaptive skills. Services are provided in non-residential settings that are licensed by the state. Community activities that originate from a facility licensed by the state will be provided and billed as Day Activity Service. On site attendance at the licensed facility is not required to receive services that originate from the facility.

Transportation will be provided from the participant's residence to the habilitation site when the service start time is before 12:00 Noon. Transportation will be available from the participant's habilitation site to their residence when the service start time is after 12:00 Noon.

<u>Support Center Service</u> includes non-medical care, supervision and assistance provided in a non-institutional, group setting outside of the participant's home to individuals who because of their disability are unable to care for and supervise themselves. Services provided are necessary to prevent institutionalization and maintain the participants' health and safety. The care, supervision and assistance will be provided in accordance with a plan of care. An array of non-habilitative activities and opportunities for socialization will be offered throughout the day but not as therapeutic goals.

Transportation will be provided from the participant's residence to the habilitation site when the service start time is before 12:00 Noon. Transportation will be available from the participant's habilitation site to their residence when the service start time is after 12:00 Noon.

ANTICIPATED OUTCOMES

<u>Career Preparation:</u> The integration of self-determination/self advocacy skills with preemployment, vocational skills and community-based experiences make Career Preparation training a valuable precursor in providing greater employment opportunities for individuals with disabilities. Career Preparation training is part of a seamless training system that will prepare individuals to pursue further employment opportunities, insure job stability and launch successful careers. For individuals with disabilities, employment with Career Preparation training integration will be a long-term fix to employability barriers.

<u>Employment Services</u> provides skills and support for individuals who desire to work but for whom competitive employment is currently not achievable. All individuals, regardless of their disabilities, should have the opportunity and support to achieve work. Employment services is an avenue whereby individuals with disabilities can engage in meaningful work, sustain a wage and contribute to society regardless of their support needs. Employment Services focuses on an individual's abilities and provides the supports the individual needs to be successful.

<u>Community Service</u> provides individuals the opportunity to maximize their exposure, experience and participation within their local community. Through this process the individual will gain access to inclusive citizenship and social capital.

<u>Day Activity</u>: For a limited number of individuals (i.e., elderly, those with significant medical conditions, those with significant psycho-social risk factors), other day support options may be inappropriate or undesirable. As an alternative, Day Activity Service allows individuals to spend time away from home in a supervised setting where person-centered activities enable them to actualize their potential, meet their goals and enjoy new experiences.

<u>Support Center</u>: For a limited number of individuals (i.e., elderly, those with significant medical conditions, those with significant psycho-social risk factors), other day support options may be inappropriate or undesirable. As an alternative, Support Center Service allows individuals to spend time away from home in a supervised setting where person-centered activities enable them to actualize their potential, have their needs met and enjoy new experiences.

It is expected that DDSN Day Services be provided in a manner that promotes:

- Dignity and respect
- Health, safety and well-being
- Individual and family participation, choice control and responsibility
- Relationships with family and friends and community connections
- Personal growth and accomplishments

It is also expected that DDSN Day Services reflect the principles of DDSN and therefore services should:

- Be person-centered
- Be responsive, efficient, and accountable
- Be strengths-based, and results oriented
- Maximize potential
- Be based on best and promising practices

Standards	Guidance	
Day Services will be provided in accordance with all state and federal laws.		
Except for Employment Services provided through the Individual Community Placement model, Day Services will only be provided in or originate from facilities licensed by DDSN as Day Facilities.	Please refer to DDSN Standards for Licensing Day Facilities.	
DDSN Day Services will be provided in accordance with applicable DDSN Directives, procedures and guidance.		
DDSN Day Services will only be provided by DDSN qualified Day Services providers.		
 Each program will designate a Program Director who meets the following minimal qualifications: Is at least 21 years old. Have a four (4) year, baccalaureate degree from an accredited college or university in the human services or related field and two (2) years' experience in administration or supervision in the human services field or have a masters' degree from an accredited college or university in the human services or related field and one (1) years' experience in administration or supervision in the human services. Have references from past employment. 	A Program Director may serve more than one program.	
	accordance with all state and federal laws. Except for Employment Services provided through the Individual Community Placement model, Day Services will only be provided in or originate from facilities licensed by DDSN as Day Facilities. DDSN Day Services will be provided in accordance with applicable DDSN Directives, procedures and guidance. DDSN Day Services will only be provided by DDSN qualified Day Services providers. Each program will designate a Program Director who meets the following minimal qualifications: Is at least 21 years old. Have a four (4) year, baccalaureate degree from an accredited college or university in the human services or related field and two (2) years' experience in administration or supervision in the human services field or have a masters' degree from an accredited college or university in the human services or related field and one (1) years' experience in administration or supervision in the human services. Have references from past	

	Standards	Guidance
6.	Each program will employ direct care staff who meet the following qualifications:	
	• Is at least 18 years old.	
	Have a valid high school diploma or its certified equivalent.	
	Have references from past employment if the potential employee has a work history.	
7.	Staff must meet requirements for criminal background checks.	Checks should be done in accordance with DDSN Directive 406-04-DD: Criminal Record Checks and Reference Checks of Direct Caregivers. No support provider may be employed who has been convicted, pled guilty or nolo contendere to:
		Abuse, neglect or mistreatment of a consumer in any health care setting;
		• An "Offense Against the Person" as provided for in Chapter 3, Title16;
		• An "Offense Against Morality or Decency" as provided for in Chapter 15, Title 16;
		• Contributing to the delinquency of a minor as provided for in S.C. Code Ann. § 16-17-490;
		The common law offense of assault and battery of a high and aggravated nature;
		Criminal domestic violence, as defined in S.C. Code Ann. § 16-25-20;
		A felony drug-related offense under the laws of this state; and
		A person who has been convicted of a criminal offense similar in nature to a crime previously enumerated when the crime was committed in another jurisdiction or under federal law; has a substantiated history of child abuse and/or neglect and/or convictions of those crimes listed in S.C. Code Ann. §20-7-1642 and/or is listed on the SC Sex Offender Registry.

	Standards	Guidance
8.	Staff must pass an initial physical exam prior to working in the program.	Pass = no documentation in the physical exam report of conditions present that would jeopardize health and safety of individuals receiving services or staff's ability to perform required duties.
9.	Staff must pass initial tuberculosis screening prior to working in the program and annually thereafter.	Pass = no evidence of communicable disease. Meets requirements of 603-06-DD: Guidelines for Screening for Tuberculosis.
10.	Staff must be trained and be deemed competent in accordance with DDSN Directive567-01-DD: Employee Orientation, Pre-Service and Annual Training Requirements.	
11.	There will be a staff development/in- service education program operable in each provider which requires all staff to participate in in-service education programs and staff development opportunities.	From 567-01-DD: Employee Orientation, Pre-Service and Annual Training Requirements, staff must periodically be required to demonstrate continuing competency on the most critical information and skills taught in the curriculum. Providers have wide latitude in designing the format of such rechecks. Encouraging staff commitment to continuing personal and professional development will expand the capacity to provide quality service and supports. Staff should routinely be exposed to information regarding
		training resources and opportunities. Supervisors should be working with staff to identify annual personal and professional goals.
12.	Each program will have written policies on:	
	• Use of volunteers and substitutes;	
	Program evaluation;	
	Administration of medication;	
	Admission and discharge of participants;	
	Personnel practices;	
	Procedures to be followed when a participant is discovered to be missing;	

	Standards	Guidance
	 Termination of participants from the program which include: A list of reasons for dismissal; Methods of averting the termination; When consultation and concurrence with DDSN prior to termination will be sought. 	
	• Keeping and managing a waiting list for those who are seeking entry into each service provided in the program that includes the frequency with which the list will be reviewed.	
13.	Individuals receiving a DDSN Day Service are free from abuse, neglect and exploitation.	
14.	Individuals receiving a DDSN Day Service other than Support Center Services are:	Rights include: Human rights, Constitutional rights and Civil rights:
	• Informed of their rights	Training includes responsibilities as well as rights.
	• Supported to learn about their rights	Each individual's right to privacy, dignity and confidentiality in all aspects of life is recognized, respected and promoted.
	Supported to exercise their rights	Personal freedoms are not restricted without due process.
		Individuals are expected to manage their own funds to the extent of their capability.
		Due process is upheld, including the Human Rights Committee review of restriction of personal freedoms.
		Individuals with limited knowledge and experience receive training and opportunities to explore their individual rights and the responsibilities that accompany them.

	Standards	Guidance
15.	When individuals receive Support Center Services, provider staff must advocate for each service recipient to ensure the individual's constitutional, civil, and human rights are protected.	
16.	DDSN Day Services will only be provided to those who are authorized by a DSN Board or Case Manager.	 Case Management will provide the chosen DDSN Day Service provider with a referral notification that at a minimum provides DDSN Day Service with the following information: Consumer information: name, address, DOB, referral date, SS#, Medicaid # (when applicable), emergency contact information, and name of referring Case Manager. Authorization of service, number of authorized units. Additional information: Critical and emergency information, health/medical information, and care and supervision information.
17.	Psychological evaluations are required. Adults shall be tested using a restrictive test of intelligence administered by a licensed or certified psychologist on program entry, reentry or at age 22 whichever occurs first, unless there is a valid psychological evaluation completed within three (3) years of admission on record (Except for Support Center Service).	For adults, at the time of program entry, a psychological evaluation that was completed at age 22 or is less than three (3) years old must be available for new program participants. In lieu of a psychological evaluation, a current (i.e., within one (1) year of program entry) ICF/IID Level of Care (LOC) Determination that indicates the LOC criteria were met may be used. For example, if a 35 year old participant were entering the program on March 25, 2008, one of the following could be accepted: • A psychological evaluation completed when he/she was 22 (1995) [on program entry, re-entry or at age 22 whichever occurs first]. • One completed within the last three (3) years (2005-2008) [unless there is a valid psychological evaluation completed within three (3) years]. • Or a current LOC Determination that is based on a psychological evaluation completed from 1995 until 2005.

	Standards	Guidance
18.	Individuals receiving a DDSN Day Service are supported to make decisions and exercise choice regarding the specific DDSN Day services to be provided.	
19.	 Within 15 business days of receipt of a referral, the DDSN Day Service provider will notify the referring Case Manager in writing of their intent to: Accept the individual for service, or Accept the referral for placement on the provider's waiting list, or Reject the referral 	
20.	After acceptance into service, but prior to providing a DDSN Day Service, a preliminary plan must be developed that outlines the care, and supervision to be provided.	Plan must include essential information to ensure appropriate services and supports are in place to assure health, safety, supervision and rights protection.
21.	On the first day of attendance into a DDSN Day Service, the preliminary plan must be implemented.	Preliminary plan is to be implemented on the first day of attendance. When assessments are completed and training needs/priorities have been identified, the plan of service will be completed and will replace the preliminary plan.
22.	Within 30 calendar days of the first day of attendance into a DDSN Day Service an assessment will be completed. For those receiving Career Preparation, Employment Service through a Mobile Work Crew or Enclave, Community Service, or Day Activity, annually, an assessment will be completed that identifies the abilities/strengths, interests/preferences and needs of the individual in the following areas: Career Preparation	At a minimum, except for those receiving Individual Community Based Employment Services, assessments must be completed every 12 months.
	Self-Advocacy/Self Determination	

Standards	Guidance
Self-Esteem	
Coping Skills	
 Personal Responsibility 	
 Personal Health and Hygiene 	
Socialization	
Community Participation	
Mobility and Transportation	
Community Safety	
Money Management	
Pre-Employment	
Job Search	
Employment (Mobile Work	
Crew/Enclave)	
Self-Advocacy/Self	
Determination	
• Self-Esteem	
 Coping Skills 	
 Personal Responsibility 	
 Personal Health and Hygiene 	
 Socialization 	
 Community Participation 	
 Mobility and Transportation 	
Community Safety	
 Money Management 	
Pre-Employment	
Job Search	
Community Service	
Self-Advocacy/Self	
Determination	
Self-Esteem	
Coping Skills	
Personal Responsibility	
Personal Health and Hygiene	
 Socialization 	
 Community Participation 	
Mobility and Transportation	
Community Safety	
Money Management	
Day Activity	
Self-Advocacy/Self	
Determination	

	Standards	Guidance
	 Self-Esteem Coping Skills Personal Responsibility Personal Health and Hygiene Socialization Community Participation Mobility and Transportation Community Safety Money Management 	
23.	For those receiving Support Center, within 30 calendar days of the first day of attendance into Support Center Services and annually thereafter, an assessment will be completed that identifies the non-medical care, supervision, assistance and interests/preferences of the individual.	At a minimum, assessments must be completed every 12 months.
24.	Unless receiving Individual Community Employment Services, based on the results of the assessment, within 30 calendar days of the first day of attendance into the program and annually thereafter, a plan is developed with participation from the individual and/or his/her legal guardian.	At a minimum, the plan must be completed every 12 months unless receiving Individual Community Employment Services.
25.	 A description of the interventions to be provided including time limited and measurable goals/objectives when the individual participates in Day Activity, Employment Services, Community Services, and/or Career Preparation. 	 Interventions must support the authorized service as defined in these standards. A description of the care and assistance to be provided when the individual participates in Support Center. A description of the type and frequency of supervision to be provided. In accordance with DDSN Directive 510-01-DD: Supervision of Individuals Receiving Services, services provided shall include the provision of any interventions and supervision needed by the individual which includes dining/eating. The interventions to be provided must be based on assessed needs. Supervision must encompass any time outside of the

Standards		Guidance	
		actual unit time when the individual is present and supervision is needed.	
		For Support Center participants, a description of the kinds of activities in which the individual is interested or prefers to participates.	
		Emergency contact information.	
		All critical and emergency information for this individual must be documented in the plan.	
		Current and comprehensive medical information.	
		Medications taken by the individual must be listed and any assistance of medicating must be documented (self medicate or assisted medicate). All known relevant medication information must be documented. All specific instructions concerning individual reactions, side effects or restrictions to medicine must be documented.	
		Any information necessary to support the individual in a DDSN Day setting.	
26.	The interventions in the plan must support the provision of DDSN Day Service as defined in these standards.		
27.	As soon as the plan is developed, it must be implemented.		
28.	Data must be collected as specified in the plan and must be sufficient to support the implementation of the plan for each unit of service reported.	For each unit of service provided, documentation on the Monthly Data Recording Sheet must be present to show the service was provided on the day the service was reported. Additionally, for training objectives, data documenting the response to training must be sufficient to measure the progress. When Individual Community Based Employment services are provided, hourly documentation of interventions/goals/objectives must be documented including a written description of the interventions, the date the interventions were provided and signed by the direct care staff providing the service.	

	Standards	Guidance
29.	Data entries must be:	
	• True and accurate;	
	• Complete;	
	• Logically sequenced;	
	• Typed or handwritten in permanent dark ink; and,	
	 Dated and signed by the staff making the entry. 	
30.	When Career Preparation Services are provided, the participants experiences will be summarized, documented and shared with the participant upon request and at the time of the individual's exit from the service.	
31.	At least monthly, the plan is monitored by the Program Director or his/her designee to determine its effectiveness except when Individual Community Based Employment services are provided.	The Program Director's or designee's signature on the Monthly Data Recording Sheet signifies that the training interventions(s) in the plan have been monitored. An evaluation of progress for each training intervention must be noted.
32.	The plan is amended when significant changes to the plan are necessary.	Significant changes may include, but are not limited to: interventions are not appropriate, interventions are not supporting progress, and/or the individual's life situation has changed.
33.	For Employment Services through an Individual Community Placement, when determined through a consensus of all parties involved to be stable on the job, an exit interview is conducted to determine the continued need for Employment Service. The results of the exit interview are documented and must be provided to the individual's Case Management provider within five (5) working days.	

	Standards	Guidance
34.	A record shall be maintained, for each participant, which contains, at a minimum, the items listed below. All documents and entries shall be legible, dated, and signed by staff making the entry. If symbols are used, explanatory legends must be provided. • Report of a medical examination	Record of illnesses and accidents will be maintained for those accidents that occur during service provision and for illnesses made known to the provider.
	which was performed not more than 12 months prior to admission (Except for Support Center Services);	
	 Report of psychological evaluation(s) as required by these standards (Except for Support Center Services); 	
	 Current Plan that supports the provision of the service provided; 	
	 Monthly summary notations of progress; (Monthly Data Recording Sheet); 	
	 Record of unusual behavior incidents which are recorded at the time of occurrence; 	
	• Record of illness and accidents;	
	 Authorization for emergency medical service and medication administration; 	
	Record of critical incidents.	
35.	Any evidence of illness or injury shall be documented in the participant's record and action shall be taken to obtain necessary medical treatment of the individual and to safeguard others from contagion.	

	Standards		Guidance
36.	Reporting requirements are performed correctly.	•	According to the DDSN Finance Manual and applicable DDSN Directives.
		•	Reporting of Critical Incidents.
		•	Death or Impending Death of Persons Receiving Services.
		•	Community Financial Reporting Requirements.
		•	Procedures for Preventing and Reporting Abuse, Neglect, or Exploitation of Individuals Receiving Services from DDSN or a Contract Provider Agency.